



EAR, NOSE, THROAT, AND SINUS CLINIC

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## **MEDICATIONS which INTERFERE with ALLERGY SKIN TESTS**

Certain over-the counter and prescription medications contain ingredients which affect allergy skin tests. Check labels of all medications you are using to determine whether your medication contains any ingredient listed below. For questions regarding ingredients contact your pharmacist. The medications listed must be held for at least the amount of time indicated prior to allergy skin tests.

**Benadryl diphenhydramine** (allergy medications and nonprescription sleep aids) **48 hours**

**doxylamine pyrilamine pheniramine** (in allergy, cold and sinus preparations) **48 hours**

**Phenergan promethazine** (in prescription cough syrups and anti-nausea) **48 hours**

**Periactin cyproheptadine** ( appetite stimulant and other uses) **48 hours**

**meclizine dimenhydrinate Antivert Bonine Dramamine** (motion sickness ) **48 hours**

**ranitidine famotidine nizatidine** (indigestion, heartburn medications) **48 hours**

**Chlor-Trimeton chlorpheniramine** (in allergy, cold, and sinus preparations) **5 days**

**Tussionex** cough syrup (contains chlorpheniramine) **5 days**

**Zyrtec Xyzal Atarax Vistaril cetirizine levocetirizine hydroxyzine** (allergy & itch) **5 days**

**loratidine** (in nonprescription allergy medications including **Claritin & Alavert** ) **7 days**

**fexofenadine Allegra Clarinex desloratidine brompheniramine Brovex, Lodrane** **7 days**

**Remeron mirtazapine** (treatment of pain, depression, appetite stimulant) **7 days**

Tricyclics (headache, neuralgia, other chronically painful conditions; doxepin also used for itch)

**amitriptyline Elavil imipramine Tofranil** **7 days**

**doxepin, Sinequan, Pamelor, nortriptyline** **10 days**

Psychotropic -- **Zyprexa, chlorpromazine, Thorazine, perphenazine, Clozaril**

**clozapine** may affect allergy tests . These

medications should not be modified except by instruction of the prescribing physician. Please notify the clinic in advance of your appointment if you are taking these medications.